RICHMOND HILL MONTESSORI

NOVEMBER 2026 SNACK MENU

	WEEK 1	WEEK 2	WEEK 3	WEEK 4
MONDAY	AM – VANILLA YOGURT PM – WHOLE GRAIN CRACKERS & CHEESE CUBES	AM – BLUEBERRIES PM – VANILLA WAFERS	AM – MOZZARELLA CHEESE STICKS PM – GOLDFISH CRACKERS	AM – MINI RICE CAKES PM – CHEDDAR CHEESE CUBES
TUESDAY	AM – APPLE SLICES PM – GRAHAM CRACKERS	AM – MINI CROISSANTS PM – CHEEZ-IT CRACKERS	AM – BANANA SLICES PM – BAKED TORTILLA CHIPS	AM – YOGURT POUCH PM – GRAHAM CRACKERS
WEDNESDAY	AM – BANANAS PM – BLUEBERRY MUFFINS	AM – CHEX MIX PM – WHOLE GRAIN CRACKERS & CHEESE	AM – CHEESE STICKS PM – RITZ CRACKERS	AM – APPLE SLICES PM – MINI BLUEBERRY MUFFINS
THURSDAY	AM – GOLDFISH CRACKERS PM – PRETZELS	AM – TORTILLA CHIPS PM – CHOCOLATE MINI MUFFINS	AM – VEGGIE STRAWS PM – PRETZELS	AM – ANIMAL CRACKERS PM – WHOLE GRAIN CRACKERS & CHEESE
FRIDAY	AM – CHEX MIX PM – RITZ CRACKERS	AM – ANIMAL CRACKERS PM – APPLESAUCE POUCH	AM – YOGURT POUCH PM – BAKED TORTILLA CHIPS	AM – NUTRI-GRAIN BAR PM – GOLDFISH CRACKERS

WATER IS SERVED WITH EVERY SNACK.