



# Richmond Hill Montessori

# JULY 2026

## SNACK MENU



♥ Healthy snacks. Happy kids! ♥

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> 	<b>AM – Croissants</b> 	<b>AM – Apples</b> 	<b>AM – Gold fish</b> 	<b>AM – Tortilla Chips</b> 	<b>AM – Animal Crackers</b> 
	<b>PM – Yogurt Pouches</b> 	<b>PM – Yogurt</b> 	<b>PM – Crackers &amp; Sliced Cheese</b> 	<b>PM – Cheese Sticks</b> 	<b>PM – Apple sauce pouches</b> 
<b>WEEK 2</b> 	<b>AM – Pancakes</b> 	<b>AM – Cereal</b> 	<b>AM – Waffles</b> 	<b>AM – Yogurt Parfait</b> 	<b>AM – Cereal</b> 
	<b>PM – Cheese Slice crackers</b> 	<b>PM – Chicken Nuggets/ Veggie Nuggets</b> 	<b>PM – Bosco Sticks</b> 	<b>PM – Turkey Meatballs w/Marinara Sauce</b> 	<b>PM – Mac &amp; Cheese</b> 
<b>WEEK 3</b> 	<b>AM – Strawberries</b> 	<b>AM – Bananas</b> 	<b>AM – Tortilla Chips</b> 	<b>AM – Veggie Straws</b> 	<b>AM – Apples</b> 
	<b>PM – Crackers</b> 	<b>PM – Vanilla Wafers</b> 	<b>PM – Cheese Sticks</b> 	<b>PM – Yogurt pouches</b> 	<b>PM – Graham crackers</b> 
<b>WEEK 4</b> 	<b>AM – Waffles</b> 	<b>AM – Cheese sticks</b> 	<b>AM – Chex mix</b> 	<b>AM – Belvita Soft baked Cookies</b> 	<b>AM – Apples</b> 
	<b>PM – Cheese Sticks</b> 	<b>PM – Apple Sauce pouches</b> 	<b>PM – Blueberry muffins</b> 	<b>PM – Ritz Crackers</b> 	<b>PM – Goldfish</b> 

All snacks are nut-free and prepared with care. ♥  
Milk or water is served with all snacks.

