

Richmond Hill Montessori

February 2026 Lunch Menu

Monday	Week 1 Breakfast: Whole Grain Waffle Lunch: Cheese Quesadilla Veggie Straws Pineapple Milk/Water	Week 2 Breakfast: Yogurt Lunch: Bosco Sticks Corn Apple Sauce Water/Milk	Week 3 Breakfast: Whole Grain Waffle Lunch: Pizza rolls Mixed Veg. Blueberries Milk/Water	Week 4 Breakfast: Pancakes Lunch: Cheese/Turkey sandwich Carrot slices Pineapple Milk/Water
Tuesday	Breakfast: Waffles Lunch: Turkey Meat balls w/Marinara Sauce Green Beans, Mixed fruit	Breakfast: Pancakes Lunch: Vegetable Fried Rice, Beans Oranges Milk/Water	Breakfast: Yogurt Lunch: Fish Sticks Green Beans, Mixed fruit Milk/Water	Breakfast: Pancakes Lunch: Alfredo Pasta Apple sauce Oranges Milk/Water
Wednesday	Breakfast: Waffles Lunch: French Toast Corn, Oranges Milk/water	Breakfast: Yogurt Lunch: Fish Sticks Veggie straws Mixed fruit Water/Milk	Breakfast: Waffles Lunch: Chicken Nuggets Pineapple Corn Milk/Water	Breakfast: Pancakes Lunch: French Toast Broccoli Peaches Milk/Water
Thursday	Breakfast: Waffles Lunch: Alfredo Pasta Broccoli Blueberries	Breakfast: Yogurt Lunch: Cheese/Turkey Sandwich Peas Pineapple Water/Milk	Breakfast: Waffles Lunch: French Toast Peaches Veggie straws Milk/Water	Breakfast: Pancakes Lunch: Mini Turkey corn dog Veggie straws Mixed fruits Milk/Water
Friday	Breakfast: Waffles Lunch: Turkey/Cheese Sandwich Cucumber Apple Sauce Milk/Water	Breakfast: Yogurt Lunch: French Toast Broccoli Peaches Milk/Water	Breakfast: Waffles Lunch: Meat balls w/Marinara Sauce Peas Oranges Milk/Water	Breakfast: Pancakes Lunch Mac & cheese. Mixed vegetables Blueberries Milk/Water