

Richmond Hill Montessori

September 2025 Snack Menu

	Week 1	Week 2	Week 3	Week 4
Monday	AM – Rice Cake PM – Chex mix	AM – Blueberries PM – Vanilla Yogurt	AM – Graham crackers PM – Yogurt pouches	AM – Vanilla Wafers PM – Cheese sticks
Tuesday	AM – Apples PM – Ritz Crackers	AM – Chex mix PM – Cheeze it	AM – Apples PM – Rice Cake	AM – Cheese sticks PM – Goldfish
Wednesday	AM – Cheese Sticks PM – Chocolate Muffins	AM – Croissants PM – Tortilla Chips	AM – Apple Sauce PM – Ritz Crackers	AM – Apples PM – Blueberries Muffin
Thursday	AM – Apple Sauce Pouches PM – Pretzels	AM – Crackers & Sliced Cheese PM – Chocolate Muffins	AM – Veggie Straws PM – Nutri Bar	AM – Animal Craker's PM – Crackers & Sliced Cheese
Friday	AM – Tortilla Chips PM – Graham crackers	AM – Apple sauce pouches PM – Animal Crackers	AM – Yogurt Pouch PM – Ritz Crackers	AM – Veggie straws PM – Goldfish